

THE BROAD REACH

Volume 9, Number 5, July 1996

Internet- <http://members.aol.com/lwsa>

A Publication of The Lake Winnepesaukee Sailing Association

Commodore's Corner

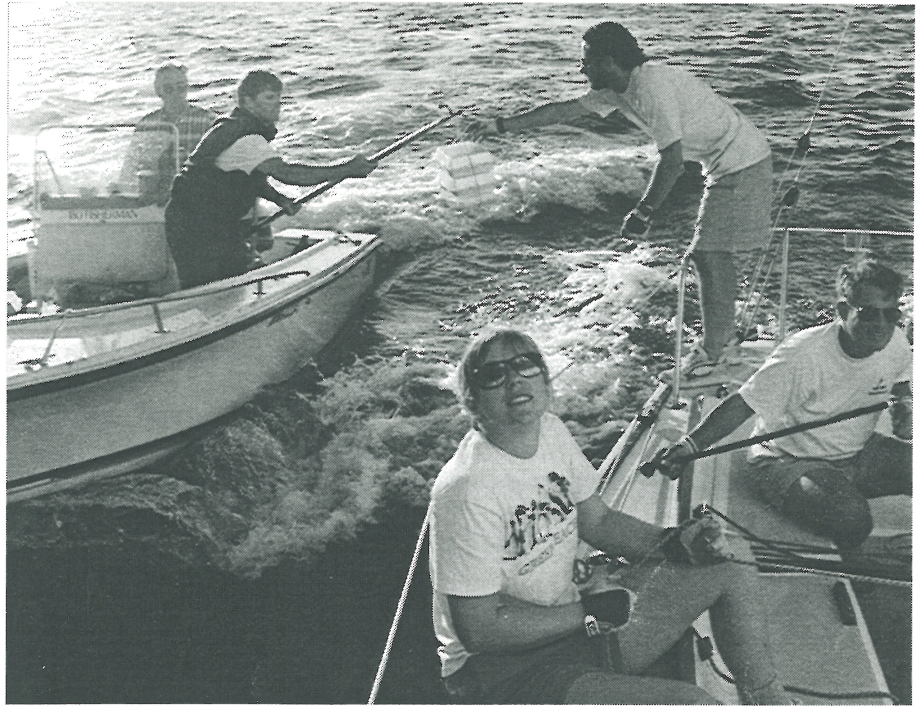
by Ray Lanza

The Labor Day Regatta is just around the corner. It's traditionally been the high-point of the season. It's also a major fund raising event for Youth Sailing with the Annual Youth Sailing Auction. We're committed to shortening this aspect of the event by decreasing the number of items being offered. We'd also like to run a more efficient auction. In past years auction items were received the day of the event. Items often arrived while the auction was underway. While we appreciate the donation of all items, items delivered the day of the event will be offered using a silent auction or be held over for next year. The bottom line is; get those items in early. Joyce Cotter has graciously agreed to collect them, contact her at 225-7398 as soon as possible!!

If you missed this year's Night Owl Express, you missed a GREAT event. For the second year in a row we used a new format. Unlike previous years where the race lasted all night with large periods of time spent in isolated bays with no wind, the new format keeps everyone in the more open areas of the lake where there's a better chance of good wind and easy navigation. The course is also designed to get everyone off the lake by 1:00 AM. This gives everyone a good night's rest before the breakfast/awards meeting at Patrick's Pub the next morning.

For the second year in a row we had ideal conditions, comfortable temperatures with 10 to 14 knots of wind. Your Commodore & Vice Commodore were race committee. We

Continued Page 5



Spaghetti dinner delivery during Night Owl.

Meg Heckman Qualifies for Bliss Trophy

by Susan Sparks

While Olympic Sailors were fighting for Gold, Meg Heckman was fighting for the Bliss Trophy. The Bliss Trophy is part of the Smythe Cup Series, U.S. Sailing championship for ages 13 to 18 sailed in Lasers. The Bliss Trophy is awarded to the winner of the Area A Smythe Cup, the winner qualifies for the Smythe Cup Nationals. Meg is the first woman to qualify for the Bliss Trophy.

The regatta was held on August 3rd & 4th in Narragansett Bay out of the Saunderstown Yacht Club. Saturday came with light winds ranging from 5 to 8 knots, current of 5 knots and four foot rollers. Meg, being unfamiliar with current got an intimate look at all of the marks in the first race. As the day wore on Meg started to improve and antici-

pate the current, overstanding marks to allow for current and no wind.

Sunday was much like Saturday with lighter wind in the morning but building slightly in the afternoon. Four races were sailed on each day. The top two finishers were from the area and sailed away with the regatta. Third place was 20 points behind them, and 4th through 8th were 3 points apart. Meg finished eighth, but she had a good time and learned a lot. Dave Hughes, the other qualifier from the NSA finished sixth.

Meg got to the Bliss Trophy by winning the LWSA's race, then being one of the top four in the Western Regionals held July 7th in Sunapee. The next step was the Northern Sailing Association's (NSA) Championship in Portland on Sunday July

Continued Page 5

1996 Sailing Schedule

| Date | Event | Location/Sponsor |
|----------------------|----------------------------------|-------------------|
| 07/13 Sat | Smythe Cup | Dartmouth/SC |
| 07/16 & 17 Tues, Wed | Sears Bemis | Lake Champlain/SC |
| 7/19 Fri | Single handed Race | WYC |
| 7/20 & 21 Sat, Sun | WYC Commodore's Cup | WYC |
| 7/20 & 21 Sat, Sun | Smythe Cup Finals | Portland/SC |
| 7/23 & 24 Tues, Wed | Sears Bemis Finals | North Haven/SC |
| 7/27 & 28 Sat, Sun | Night Owl Race & Breakfast | |
| 7/27 & 28 Sat, Sun | Lake Champain Regatta | Lake Champlain/SC |
| 08/10 Sat | The TBD Race | |
| 08/24 Sat | Ice Cream Run | |
| 8/24 & 25 Sat, Sun | Portland Regatta | Portland/SC |
| 08/30 Fri Night | Frying Pan Race | |
| 8/31 & 9/1 Sat, Sun | LWSA Labor Day Regatta | |
| 09/02 Mon | Laser Shoot-Out | SC |
| 09/07 Sat | Dartmouth Regatta | Dartmouth/SC |
| 09/07 Sat | Pearson/Catalina/Beneteau Race | |
| 09/14 & 15 Sat, Sun | J Jamboree | |
| 10/06 Sun | WYC Cold Duck Race | WYC |
| | Laser racing Tuesday night | Sunapee |
| Starts 6/26 | Laser racing Wednesday night | Winnepesaukee |
| | Laser racing Thursday night | Mascoma |
| | One Design racing Friday night | |
| Starts 6/14 | WYC Friday night beer can series | WYC |

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 Helen Lanza, Youth Sailing
 Phil Kanegsberg, Youth Club
 Ed Philpot, One Design
 D. Hammond, Int. Broad Reach
 Ray Lanza, PHRF

The Broad Reach is a publication of the Lake Winnepesaukee Sailing Assoc. It is circulated to fulfill our non-profit charter which is "...to encourage the sport of sailing..." Each issue costs approximately \$250 to produce. If you are receiving these issues as a member we thank you for your support. If you are not a member, we ask that you consider a tax deductible membership [501(c)(3)] to help us defray publication costs. Thank you.

The Broad Reach is published on a monthly basis during the season. All materials for publication are due 7 days after the monthly meeting. The Broad Reach is a publication of the Lake Winnepesaukee Sailing Association (LWSA), PO Box 7047 Gilford, NH 03247. Publication or use of any material from The Broad Reach is not authorized without written permission. Further, The Broad Reach and LWSA disclaim responsibility for typographical errors other than the obligation to print a notice of correction.

Submit materials by mail (3.5" disk preferred). To the editor PO Box 600 New Boston, NH03070. or Email: k1ka@aol.com

1996 Display Space Advertising Rates

| Size | 12 Issues | 6 Issues | 3 Issues |
|----------|-----------|----------|----------|
| 1 page | \$800 | \$500 | \$300 |
| 1/2 page | \$500 | \$300 | \$175 |
| 1/3 page | \$350 | \$200 | \$135 |
| 1/4 page | \$300 | \$175 | \$100 |
| 1/8 page | \$175 | \$100 | \$70 |

The Broad Reach is Circulated to more than five hundred Lakes Region sailors and sailing enthusiasts. Commercial support for The Lake Winnepesaukee Sailing Association, a non-profit organization, can be acknowledged with space advertising according to the above schedule. To place an advertisement contact the editor: Dave Mackey (603) 487-2677-eves. (603) 644-3555-days. Deadlines for finished copy are the forth Friday of each month. Design and production help is also available.



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by Catalina Yachts

Blade Runner

Demo Boat: \$3995 \$2500

Laser -- Optimist

Announcing

**The 1996
Labor Day Regatta**

Sponsored by the:
**Lake Winnepesaukee
Sailing Association**

Date: Friday Aug 30 - Mon Sept 2

Racing Format:

Friday Night: Double Handed
Frying Pan Race

Saturday and Sunday: PHRF Racing

Monday: Optional Laser Shoot Out

**Your Official Notice of Race
Should have arrived by mail if you
don't have it call:**

Alan Kanegsberg 225-5635

Announcing

**The 1996
J-Jamboree
One Design J-Boat Regatta**

Sponsored by the:
**Lake Winnepesaukee
Sailing Association**

Date: Sept. 14 - 15

**Request Your
Official Notice of Race
from:**

Alan Kanegsberg 225-5635

**Official Notice of Race
Pearson
Beneteau
Catalina
J Cruiser
Cruising Yacht Race**

Saturday, 7 Sept.

sponsored by
Fay's Boat Yard

PHRF reverse start (pursuit)
island race
Sign-up at Fay's at 10:00, start
at 12:00

Awards after race; please bring
munchies

Prizes awarded for 1st, 2nd
and 3rd for each manufacturer's
type.

(Capri = Catalina)
1st overall prize - free haulout

LWSA Membership Registration

Name: _____

Spouse: _____

Street: _____

City: _____ State: _____ Zip: _____ Night Ph: _____ Day Ph: _____

Children (wth ages): _____ Boat Name: _____



US Sailing Association Membership Registration

Please process my USSA Membership for 1996 at a rate \$35, (Instead of the regular rate of \$40). I understand that if I am a member of USSA that I will not have to pay an additional fee of \$5.00 or 10% of each event registration fee to cover the cost of insurance through USSA. This will provide full USSA Membership including a Rule Book, a subscription to *Sailing World* Magazine and all other membership benefits.

I/we are enclosing the following:

\$ _____ for LWSA Family Membership Dues (\$75)

\$ _____ for LWSA Single Membership Dues (\$38)

\$ _____ for LWSA Youth Membership Dues 18 & under (\$15)

\$ _____ for US Sailing Association Dues (\$35)

Total \$ _____ Signed: _____ Date: _____

Send To: Lake Winnepesaukee Sailing Association • PO Box 7047 • Gilford, NH 03247

Results WYC Commodore's Cup

| Yacht | Skipper | R#1 | R#2 | R#3 | Points | Place |
|------------------|------------|-----|-----|-----|--------|-------|
| <i>Racing A</i> | | | | | | |
| TIME BANDIT | Kanegsberg | 1 | 1 | 1 | 2.25 | 1 |
| COHERENT | Sibson | 2 | 2 | 2 | 6.00 | 2 |
| HOT TUB | Thompson | 3 | 3 | 8 | 14.00 | 3 |
| MAIL-ORDER BRIDE | Pratt | 5 | 6 | 3 | 14.00 | 4 |
| PINOCCHIO | Knowles | 6 | 4 | 4 | 14.00 | 5 |
| MISCHIEF MAKER | Mackey | 4 | 5 | 6 | 15.00 | 6 |
| SHELBY MARIE | Azzara | 7 | 7 | 8 | 22.00 | 7 |

Racing B

| | | | | | | |
|-------------------|------------|---|---|---|-------|---|
| IMPATIENT | Philpot | 1 | 1 | 1 | 2.25 | 1 |
| LEADING INDICATOR | Thibeault | 2 | 2 | 2 | 6.00 | 2 |
| LADY KERED | Lewis | 3 | 3 | 7 | 13.00 | 3 |
| CLASSY LADY | MacQuarrie | 6 | 4 | 3 | 13.00 | 4 |
| ARIEL | Hayes | 5 | 6 | 4 | 15.00 | 5 |
| TOTAM | Selig | 4 | 5 | 7 | 16.00 | 6 |

Cruising A

| | | | | | | |
|--------------|-----------|---|---|---|-------|---|
| GOOD STUFF | Nickerson | 1 | 3 | 1 | 4.50 | 1 |
| 20/20 | Friedel | 2 | 2 | 2 | 6.00 | 2 |
| IMPETUOUS | Lanza | 4 | 1 | 6 | 10.75 | 3 |
| RESOLVE | Destrempe | 5 | 4 | 3 | 12.00 | 4 |
| WILDFLOWER | Fuller | 3 | 5 | 4 | 12.00 | 5 |
| SHAMROCK III | Mullen | 8 | 6 | 5 | 19.00 | 6 |
| CANDO | Giles | 6 | 7 | 7 | 20.00 | 7 |

Cruising B

| | | | | | | |
|---------------|---------|---|---|---|-------|---|
| REPRISE | Howe | 1 | 1 | 1 | 2.25 | 1 |
| BLUEBERRY PIE | Garland | 2 | 2 | 3 | 7.00 | 2 |
| SCOT-FREE | Massie | 3 | 3 | 2 | 8.00 | 3 |
| THE LILY PAD | Saliga | 4 | 4 | 5 | 13.00 | 4 |
| HAYFEVER | Hay | 5 | 5 | 4 | 14.00 | 5 |
| PEGASUS TOO | French | 6 | 6 | 7 | 19.00 | 6 |

Results Single Handed Race

| Racing | | | | | | |
|--------------|------------|------|--------|--------|------|---|
| LADY KERED | Lewis | 222 | 1:2010 | 1:0729 | 0.75 | 1 |
| AIRBORNE | Roper | 222 | 1:2346 | 1:1031 | 2.00 | 2 |
| CLASSY LADY | MacQuarrie | 174 | 1:2011 | 1:1159 | 3.00 | 3 |
| FULL MOON | Kowalski | 180* | 1:2103 | 1:1210 | 4.00 | 4 |
| TOTAM | Selig | 162* | 1:2203 | 1:1454 | 5.00 | 5 |
| COHERENT | Sibson | 129* | 1:2107 | 1:1739 | 6.00 | 6 |
| HOT TUB | Thompson | 96* | 1:2357 | 1:2428 | 7.00 | 7 |
| SHELBY MARIE | Azzara | 147* | DNF | | 9.00 | 9 |

| Cruising | | | | | | |
|--------------|-----------|------|--------|--------|------|---|
| THE LILY PAD | Saliga | 240 | 1:2712 | 1:1144 | 0.75 | 1 |
| GOOD STUFF | Nickerson | 177* | 1:2101 | 1:1226 | 2.00 | 2 |
| CANDO | Giles | 156 | 1:1915 | 1:1257 | 3.00 | 3 |

* Uncertified handicap (Non-PHRF Member)

Lake Sailor's Quiz

How well do you know the lake? Test your knowledge and find out.

Here's a quiz to see how well you know The Lake. It tests how well you've observed the chart and recall it's details (no peeking).

1. Match these numbered marks with there locations. Connect with lines (10 points)

| Marks | Locations |
|-------|------------------------------|
| 47 | North end of Rattlesnake Is. |
| 27 | Middle Ground Shoal |
| 26 | Two Mile Is. |
| 16 | Southwestern Welch Is. |
| 25 | Parker Island |
| 5 | Belknap Point |
| 76 | One Mile Island |
| 20 | Southeastern Welch Is. |
| 6 | Milestone Point |
| 19 | The Witches |

2. Name three of the Forty Islands. (3 pts.)

3. Which is further north Ship Is. or Moose Is. (1 pt) _____

4. What is the fastest way to reach Welch Island from Parker Island in a typical northwest wind? a) Sail to Rattlesnake Island then tack along it's side, then tack to Welch. b) Stay close to Umbrella point on Wolfboro Neck then stay on port tack to near Middle Ground Shoal then tack to Welch. c) Tack up the middle of the broads. (5 pts.) _____

5. How many Marks are there at Middle Ground Shoal? (2 pts.) _____

6. How many marks at "The 70's"? (2 pts.) _____

Maximum Score 23 points:

| | |
|------------|------------------|
| 1-4 Points | fair |
| 5-10 | not bad |
| 11-14 | good |
| 15-17 | impressive |
| 18-22 | expert |
| 21-23 | wow |

See page 8 for answers.



Meg Heckman *continued from page 1*

24th. The top two qualifiers went on the to the Bliss Trophy.

There were eight competitors from Maine, New Hampshire, Rhode Island, Massachusetts, New Jersey and New York. The NSA encompasses Maine, New Hampshire and Vermont. Competitors are eligible until they reach the year in which they turn nineteen. This was Meg's last year of eligibility since she turned eighteen on Sunday August 4th.

Meg started sailing five years ago when she was dragged kicking and screaming to LWSA sailing lessons. She had never been on a sailboat, and in typical teenage fashion, could not believe that her parents would ruin her life by making her take lessons. She now thanks her parents for the lessons and sails every chance she gets.

Meg moved up through the LWSA sailing program and is currently the assistant instructor for the program. Meg feels that instructing has helped her sailing because she has had to consider all the aspects of sailing. Also she has had the basics drilled into her head everyday. Meg is able to listen to Laura's comments while Laura has been instructing and apply it to her own racing later.

Meg has had a good year of racing this year, taking first in the local Leiter Cup, racing for women 13 to 18 in Lasers with radial rigs. Meg decided to concentrate on the Smythe Cup this year and did not go on in the Leiter Cup. She also place 2nd in the Lightning District Junior Championships with Dave Adams a CIT and student in the LWSA lesson program and Nick Mercier who sails out of Lake Massibesic. They qualified for a trip to New Orleans for the Lightning Junior North Americans but decided to forgo the trip this year because of scheduling conflicts.

The Lightning class defines a junior as someone who hasn't reached their 20th birthday, so they can still compete next year. Meg, Dave and

Commodore's Corner *continued from page 1*

began precisely at 5:00 PM off the southwest corner of Welch Island. For the second year in a row, Time Bandit was nowhere to be found as the sequence began. It didn't seem to matter, they went on to win in the racing class. Resolve (Rich Destrempe's J40) with a rock-star crew, (boatyard rock stars) also put in an awesome performance but then you can see that yourself by perusing the results.

What you can't see by the results is the great job done by the race committee. Normally I wouldn't crow about officiating but in this case I think we provided service above and beyond the call of your average race committee. The evening was also a spaghetti benefit supper for the Winnepesaukee Skating Rink. Your race committee delivered 18 meals to competitors while they raced. This took a small feat of engineering and a good deal of power-boat finesse, not the average skills associated with a sailor.

Nick plan to campaign the Lightning next year and hope to travel to the North Americans. They competed in "Annie Oakley" a lightning owned by Nick.

Meg is going to be a senior at John Stark Regional High School this year and is looking at colleges with sailing programs. She would like to sail in college and would like to someday compete in the Olympics. Meg had hoped to be the first women to compete in the Olympics in the Laser, but now that it is the mens single-handed class, Meg feels that she has a DNA problem. She hopes to compete in the Europe dingy or maybe the Australian dingy.

Meg will be competing in the Ned Cameron Memorial Regatta in Rockport, Massachusetts on August 9th & 10th. A Laser class regatta with over 100 boats expected. She is also going to apply to the Nautica USSA Youth Championship which

I would also be remise in not mentioning the hospitality of the winning yacht in the cruising class. After we had delivered supper to the competitors, the crew on Wildflower fed us with a more than generous feast of shrimp. The quantity was so great that we could only consume half of what we were given. We then decided to spread the wealth by delivering shrimp and cocktail sauce to the lead racing yachts. Rumor has it that there's some amount of dissension aboard 20/20 who waived us off thinking we were delivering spaghetti when they discovered it was a shrimp delivery!! The bottom line is that we had a great time, this is a MUST event for next year.

One final word on Labor Day. We could use some help with cleanup, selling tickets and some of the other tasks that are necessary to make this a great time. See one of the officers to volunteer and come to this months General Meeting to help plan a great event. ⚓

is by invitation only, sailed in Lasers. Meg's Laser is named "Yankee Dreamer" which seems to be an appropriate name. ⚓

Raffle

In an attempt to reduce our reliance on the Labor Day Auction, the LWSA is running a Raffle this year. First Prize is \$1,000, Second Prize is \$500, and Third Prize is \$250. Tickets are \$20 each and only 400 will be sold. The drawing will be Sunday afternoon of Labor Day Weekend. If each of our members takes responsibility for selling 8 tickets, we will sell out the whole raffle. To sweeten the pot, we will give \$100 to the person who sells the winning ticket. See Alan Kanegsberg, Ray Lanza, or Sue Sparks for tickets. We need to get tickets out to members to sell as soon as possible.



Mischief Maker in The Night Owl Express photo Michael Herz

Results Night Owl Express

| Yacht | Skipper | PHRF | Eltime | Corr. Pts. | Place |
|-----------------|------------|------|--------|------------|--------|
| Racing | | | | | |
| TIME BANDIT | Kanegsberg | 126 | 5:3918 | 5:2615 | 0.75 1 |
| RESOLVE | Destrempe | 87 | 5:2711 | 5:3351 | 2.00 2 |
| MISCHIEF MAKER | Mackey | 132 | 5:5207 | 5:3535 | 3.00 3 |
| SHAMROCK III | Mullen | 84 | 5:3935 | 5:4809 | 4.00 4 |
| BLUES POWER | Lemaire | 114 | 5:5928 | 5:5153 | 5.00 5 |
| 20/20 | Friedel | 24* | 5:2115 | 6:0347 | 6.00 6 |
| GOOD STUFF | Nickerson | 171* | 6:4410 | 6:0421 | 7.00 7 |
| SHELBY MARIE | Azzara | 147* | 7:2051 | 6:5107 | 8.00 8 |
| Cruising | | | | | |
| WILDFLOWER | Fuller | 189 | 5:4600 | 5:0419 | 0.75 1 |
| THE LILY PAD | Saliga | 240 | 6:2832 | 5:1940 | 2.00 2 |
| SEASCAPE | Weiner | 153* | 6:0644 | 5:3905 | 3.00 3 |
| SAILAWAY 2 | Silloway | 168* | 6:5208 | 6:1306 | 4.00 4 |

* Uncertified handicap (Non-PHRF Member)

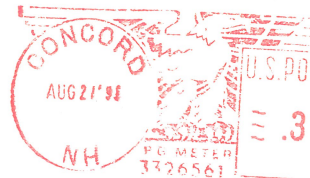
Answer for the Lake Quiz pg. 4

- Marks
 - Southwestern Welch Island
 - The Witches
 - Belknap Point
 - Middle Ground Shoal
 - Northend of Rattlesnake Is.
 - One Mile Island
 - Southeastern Welch Island
 - Parker Island
 - Two Mile Island
 - Milstone Point
- The Forty Islands:(As listed on The Chart)
 - Duds
 - Kineo
 - Fish
 - Pop's
 - Breezy
- Ship Island is North of Moose Island.
- Parker to Welch. The answer is a) Tack along Rattlesnake Island then up the lake. The key phrase is typical northwest wind which is oscillating. On a body of water without shores, the ocean for example, the correct strategy is b), to stay in the middle of the course and tack on headers. However, Rattlesnake Island creates extra headers and is not far from the rumb line. This is because a north-west wind bends around Rattlesnake and travels almost parallel down it's shoreline. As you approach on star-board tack you'll be headed. Tack and your lifted. When you lose the lift tack back and pick up another header. If you've timed the oscillations on the way from Parker, you'll know when the natural headers are coming. Get in phase with these and you'll get extra lift time.
- There are five marks at Middle Ground Shoal.
- There are four marks at "The 70's".



P.O. Box 7047
Gilford, NH 03247

*Postmaster: Address Corrections
Requested*



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